

YELLOW BIRD LIFE WAYS
FOOD SOVEREIGNTY GARDEN PROGRAM SIGN-UP FORM



This spring, Yellow Bird Life Ways is preparing Food Sovereignty starter kits, gardening support, and programming for our relatives in the community. We invite you to sign up for our spring and summer Food Sovereignty Program. Please sign up as soon as possible, especially for those interested in starter kits. Pick up for starter kits, transplanting pots, and planting guides begins March 26th. You can hand deliver your form or mail a copy to the address at the bottom of the form. Please call with any questions. We are here to provide help when needed, but looking after your garden and giving it the care to become beautiful and strong is up to you.

Name _____

Please provide your phone number, email, OR Facebook name for Messenger so we can communicate with you throughout the garden season. If you use Facebook Messenger, please “like” the Yellow Bird Life Ways Facebook page so we can contact you.

- Phone _____ Facebook _____
 Email _____ Other _____
 Text _____

Once our education programs begin, we would like to stay in close communication with our local community and continue to share gardening information. Please let us know other ways we can grow our local food sovereignty community.

- I would join a private zoom class with other community members
 I would join a private Facebook group

We will offer food sovereignty and gardening programs on the following topics:

Harvesting wild berries; forage for edible plants and medicinal plants; differences between GMO, heirloom, and organic; cooking from your garden; harvesting & preservation (both traditional and modern techniques of storage); caring for your garden (determining weeds from plants, watering, fertilizing, etc.); garden design (companion planting, three sisters garden, planting corn, etc.); keeping your soil healthy; seed starting & transplanting; seed saving.

Please share with us any additional topics that weren't mentioned that you would like to learn more about. _____

Is this your first time participating in the Food Sovereignty Program?

- Yes If no, how many years?
 No _____

Would you like a starter kit (it includes seeds & containers to grow indoors beginning of April)? Your seedlings that you grow in your starter kit will then be planted in your garden outdoors in May. In addition, we will provide starter plants in May.

- Yes No

Are there supplies, tools, or services you need? Please circle all that apply.

Fencing | Garden Boxes | Rake | Hoe | Shovel | Soil | Compost & Fertilizer | Gloves | Tilling | Hose

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We have volunteers who can help build garden boxes, put up fencing, help with tilling, and help plant your garden. If you would like help with any of these things, when is the best time for volunteers to come by to help? Please circle the days AND times of day you are available.

Mon Tues Wed Thurs Fri Sat Sun
 Morning Afternoon Evening

What are you interested in growing? If you would like to grow corn, it's better to grow just one variety at a time to avoid cross pollination. Please check all that apply.

- | | | |
|---|--|---|
| <p>Corn</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sweet Corn <input type="checkbox"/> Indian Corn <p>Squashes & Melons</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lakota Squash <input type="checkbox"/> Hubbard Squash <input type="checkbox"/> Butternut Squash <input type="checkbox"/> Acorn Squash <input type="checkbox"/> Pattypan Squash <input type="checkbox"/> Yellow Squash <input type="checkbox"/> Zucchini <input type="checkbox"/> Pumpkins <input type="checkbox"/> Watermelon <input type="checkbox"/> Musk Melon <p>Flowers</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sunflowers <input type="checkbox"/> Zinnias | <ul style="list-style-type: none"> <input type="checkbox"/> Marigolds <p>Vegetables</p> <ul style="list-style-type: none"> <input type="checkbox"/> Beans <input type="checkbox"/> Sugar Snap Peas <input type="checkbox"/> Carrots <input type="checkbox"/> Celery <input type="checkbox"/> Onions <input type="checkbox"/> Scallions <input type="checkbox"/> Garlic (plant in fall) <input type="checkbox"/> Beets <input type="checkbox"/> Yellow Potatoes <input type="checkbox"/> Red Potatoes <input type="checkbox"/> Radishes <input type="checkbox"/> Tomatoes <input type="checkbox"/> Brussel Sprouts <input type="checkbox"/> Cabbage <input type="checkbox"/> Broccoli | <ul style="list-style-type: none"> <input type="checkbox"/> Cauliflower <input type="checkbox"/> Slicing Cucumbers <input type="checkbox"/> Pickling Cucumbers <p>Greens</p> <ul style="list-style-type: none"> <input type="checkbox"/> Kale <input type="checkbox"/> Spinach <input type="checkbox"/> Buttercrunch Lettuce <input type="checkbox"/> Mixed Greens <input type="checkbox"/> Romaine <input type="checkbox"/> Arugula <p>Herbs</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mint <input type="checkbox"/> Basil <input type="checkbox"/> Oregano <input type="checkbox"/> Parsley <input type="checkbox"/> Cilantro |
|---|--|---|

What is your vision for your garden? Check all boxes that apply so we can get a better idea of what kind of garden would best suit your needs.

- Tilled garden space (this option is better if you want rows, are an experienced gardener, have a lot of extra space outside, and have a large family)
- Raised garden boxes (this option is better if you have limited space, poor soil conditions, there are only a few people in your home, or you are new to gardening)
- Large growing pots (this option is better if you have limited space, poor soil conditions, and/or want to grow just a few things)
- Combination of a tilled garden and boxes/pots
- I've already participated in the Food Sovereignty Program and have the garden space I need

Where do you live? Please give us specific directions to your home so we can help with your garden.

Any additional wishes or comments? _____



RELEASE & WAIVER

Yellow Bird provides seeds, supplies, and support and in return, I hereby commit to care for my garden, weeding, watering and nurturing it as needed. I Release, Waive, Discharge and Agree to Hold Harmless and Indemnify Yellow Bird Life Ways Center, the Organizers, and Sponsors from all liability, injury, death, and damages I may incur while participating. I hereby release any images, video, voice, or written material that may be taken of me or provided by me to Yellow Bird Life Ways Center. I understand and agree this material may be used for communications, outreach, education and fundraising for Yellow Bird Life Ways Center. I have carefully read and understand the foregoing release. Please type your name for an electronic signature to confirm.

Signature _____

Date _____

SURVEY

Yellow Bird Life Ways strives to improve how we serve our community. Please complete this survey so that we can strengthen our programming. All answers will always be kept confidential, protecting individual's identity. Thank you for filling out this form. For your time, we want to gift you with a beautiful flower arrangement and watering can.

Which district are you from?

- Lame Deer
- Busby
- Ashland

- Muddy/Rosebud
- Birney

Which age group are you a part of?

- Elder
- Adult
- Young Adult

- Teenager
- Youth
- Child (10 and under)

Because we promote sharing of intergenerational knowledge, we would like to know if there is an Elder or Grandparent in your home?

- Yes
- No

Has an Elder or Grandparent either within the home or in your community shared a story or memory about a garden from growing up that you could share about?

- Yes
- No

If yes, what memories or stories has an Elder or Grandparent shared about their garden?

Yellow Bird Life Ways knows that a garden is often shared by relatives. Please list the number of relatives who will enjoy and help take care of this garden. Please include their ages.

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Learning our Indigenous language is vital to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Food sovereignty is a valued component to our culture.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Connecting to our identity is essential for our future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Planting seeds that have been handed down from our Ancestors is hope for the next generation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wisdom, knowledge, and resilience is a part of our DNA.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

After having completed this survey, is there anything else you wish to share with us?
